

The Life In Your Food!

PuraDyme's LiyfBiotic is a powerful multi-strain probiotic that contributes to a natural, healthy intestinal tract using five synergetic strains of friendly bacteria! This formula is perfect to take daily to help improve digestion and restore healthy flora. It can also be beneficial to use at the end of the day after flossing and teeth cleaning, to assist the body in regeneration of the cells in the mouth, (particularly for gum disease) sore throats, bad breath and loose teeth.

This formula is used by Lou Corona to culture nuts, seeds, dressings, and other recipes!

**Find Recipes & More at:
www.puradyme.com**

* See inside for details.

Disclaimer: This information has not been reviewed by the F.D.A. and should not be used to treat or diagnose any medical condition. This is not a replacement for medical advice, always consult your health care provider when dealing with any medical condition.



| Supplement Facts | | |
|--|--------------------|-----|
| Serving Size: 3 scoops | | |
| Ingredients | Amount Per Serving | %DV |
| PuraDyme Flora Blend | *12 Billion CFU | † |
| L. Acidophilus DDS-1, L. Plantarum, B Bifidum, B Longum, Bacillus Coagulans | | |
| *12 billion CFU's at time of manufacture Daily value has not been established † | | |
| Other Ingredients: Jerusalem Artichoke | | |

L.I.Y.F.

Life In Your Food

*Product best if used by 2 years past Date of Manufacture (D.O.M)

PuraDyme, LLC Colville,WA

PH: 1-855-787-5493 (PurLiyf)
EMAIL: info@puradyme.com

WWW.PURADYME.COM



LIYFBIOTIC

Synergetic Blend of Friendly Flora



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“I take a teaspoon every night before I go to bed, I swish it in my mouth, because it is great for your gums and then I swallow it to

Why Probiotics?

Probiotics are key elements to our overall health and well-being! These living bacteria work as balancing agents for non-friendly, pathogenic bacteria that often live in the digestive tract and are the root cause of many of the chronic ailments we suffer from today.

Probiotics such as L. Acidophilus actually work to create a natural form of antibiotics in the body, helping increase our ability to produce anti-microbial action against the pathogens found in the FOODS WE EAT, AIR WE BREATHE, & the things we TOUCH.

Why LiyBiotic?

LiyBiotic is a gentle yet powerful probiotic that can heal the body while simultaneously culturing the foods we eat and bringing those foods back to life! This top of the line product combines L. Acidophilus DDS-1, L Plantarum, B Bifidum, B Longum, & Bacillus Coagulans; and is the perfect supplement to replenish our supply of natural friendly flora that have

been destroyed by everyday stresses, unhealthy lifestyles, or acidic diets.

LiyBiotic is also packed with Prebiotics, or indigestible dietary fibers that we get from the foods we eat and are actually used by probiotics to flourish, grow, and work more efficiently.

LiyBiotic is full of the prebiotic Natural Jerusalem Artichoke, which like other members of this family, it actually makes its way to our digestive tract intact, feeding

“Stress, Unhealthy Lifestyles, & Acidic Diets destroy our natural Friendly Flora!”

probiotic bacteria and keeping our intestines healthy places, filled with good bacteria!



Not only is our product working to populate the intestinal tract with beneficial bacteria, it is also helping to improve the survival, implantation and growth of newly added microflora strains!

The mild flavor of this powdered product also makes it the ideal way to culture your home recipes while maintaining great taste! Just by adding LiyBiotic to your foods you are bringing your foods back to life!

Heat Stability

L. Acidophilus DDS-1 is heat stable at room temperatures for up to 2 years with ~7% loss.

Bile & Acid Stability

4 Stars: Very highly resistant. (80 - 89%)
5 Stars: Extremely Resistant. (90+%)

| Bacteria Strain | Bile & Acid Resistance |
|----------------------|------------------------|
| L.Acidophilus DDS-1® | ★★★★ |
| L.Plantarum | ★★★★ |
| B.Bifidum | ★★★★★ |
| B.Longum | ★★★★ |
| B. Coagulans | ★★★ |

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-Lou Corona

